St. Luke’s International Hospital Chooses UpToDate Anywhere for Mobile Access to Evidence-Based Recommendations

ABOUT ST. LUKE’S INTERNATIONAL HOSPITAL

St. Luke’s International Hospital, a general and teaching hospital established in 1902, is one of central Tokyo’s largest and most comprehensive medical care facilities. The hospital has been distinguished by a long history of innovation and is one of an elite group of hospitals accredited by the Joint Commission International (JCI). JCI is the world’s leader in healthcare accreditation based on the most rigorous international standards in quality and patient safety.

In 2003, St. Luke’s International Hospital became the first institution in Japan to subscribe to UpToDate. Dr. Shigeaki Hinohara, Honorary Director of St. Luke’s, worked with Dr. Burton (Bud) Rose, Founder of UpToDate, to secure a trial and help introduce UpToDate to the physicians of Japan. Now, more than 700 institutions across Japan provide UpToDate to their clinicians.

To continue providing the highest standards of care using cutting edge resources, St. Luke’s International Hospital recently became one of the first institutions in Japan to introduce UpToDate Anywhere — enabling UpToDate access via mobile phones and tablets.

ANYTIME, ANYWHERE ACCESS

“Time pressures are a major problem for physicians. This is true for both medical trainees and senior staff. UpToDate Anywhere offers busy clinicians fast access to valuable and trusted information, leading to better quality patient care.”

Dr. Yasuhiro Komatsu
Vice President
St. Luke’s International Hospital
UpToDate is available on every computer in St. Luke's International Hospital system and is now accessible via mobile apps. Clinicians at all levels make diagnoses and treatment decisions with confidence because they trust the information in UpToDate is based on current evidence and internationally accepted best practices.

According to Librarian Fujimi Kawai, “Access to UpToDate via mobile devices has proven to be very popular.” In fact, St. Luke’s observed a 15% increase in overall UpToDate use since providing mobile access.

Clinicians at St. Luke’s International Hospital view nearly 3,000 UpToDate topics every month. In 2015, the top five clinical topics viewed in UpToDate were:

- Treatment and prevention of Pneumocystis pneumonia in non-HIV-infected patients
- Cellulitis and erysipelas
- Approach to the patient with unexplained eosinophilia
- Rapidly growing mycobacterial infections in HIV-negative patients
- Evaluation of peripheral lymphadenopathy in adults

“As physicians and residents increasingly travel between affiliated sites, UpToDate Anywhere makes it even easier for the busy clinician to access important information for patient care or case presentation while on the go,” explains Dr. Gautam Deshpande, Clinical Educator at St. Luke’s International Hospital.

PROVIDING QUALITY CARE FOR AN AGING POPULATION

Like many other countries, Japan is dealing with an aging population. In 2014, 26% of Japan’s population was 65 or older. Treating an older population requires physicians to be knowledgeable about multiple conditions, often spanning several medical specialties.

“My specialty is rheumatology, but I see patients on a daily basis with hypertension, diabetes, cardiovascular disease, and other issues,” explains Dr. Mitsumasa Kishimoto, at St. Luke’s Immuno-Rheumatology Center. “UpToDate is particularly beneficial in staying current in fields outside my specialty.”

“With such a high incidence of comorbidities, drug interactions are also a serious concern,” said Dr. Kishimoto. “I frequently consult drug interactions in UpToDate to minimize risk and increase patient safety.” Through its integration with Lexicomp, a clinical drug information resource also from Wolters Kluwer, UpToDate provides

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users with access to a drug interactions database and more than 5,600 in-depth drug monographs.

UpToDate officially launched Geriatrics as a specialty in 2011. Since then, the content has grown to contain over 330 topics written specifically for treating aging patients.

COMPREHENSIVE, TRUSTED CONTENT

“UpToDate is so comprehensive that it has become a staple in most, if not all, clinical and medical education conferences that I have facilitated over the last several years — not only at my institution, but also at hospitals throughout Japan,” said Dr. Deshpande.

More than 1.1 million clinicians around the world trust UpToDate because of the expertise of the authors and editors who create and manage the clinical content. “If I do a search in Google I can get a quick answer — but 60% of the time it won’t be evidence-based. It’s not reliable. UpToDate is written by physicians who are all experts in their fields,” explained Dr. Kishimoto.

In addition to providing comprehensive coverage across 23 medical specialties, UpToDate also provides graphics, medical calculators, and patient information to help clinicians provide the highest quality care. “I use the patient information to help me explain conditions and the accompanying treatment recommendations — this can be particularly helpful when working with international patients,” explained Dr. Kishimoto.

“For our residents, the figures, tables and other information included in UpToDate are very helpful in generating differential diagnoses, particularly in the emergency room setting or in complex cases,” said Dr. Kishimoto. “Through photos and concise recommendations, UpToDate gives physicians and medical students highly reliable, current information for arriving at an evidence-based diagnosis and treatment plan.”

CLINICIAN SATISFACTION

“Our clinicians are very satisfied with UpToDate Anywhere, because it provides continuous, consistent access to the best and latest medical knowledge, no matter where they are located,” said Dr. Komatsu. “Our younger doctors, in particular, appreciate the convenience of accessing UpToDate via their smartphones and tablets when they are on the go.”

Ms. Kawai added, “Physicians who leave St. Luke’s often push their new institutions to adopt UpToDate — they value it that much.”
ABOUT UPTODATE:
UpToDate is an evidence-based, physician-authored clinical decision support resource which clinicians trust to make the right point-of-care decisions. More than 6,300 world-renowned physician authors, editors and peer reviewers use a rigorous editorial process to synthesize the most recent medical information into trusted, evidence-based recommendations that are proven to improve patient care and quality. More than one million clinicians in 180 countries and almost 90% of academic medical centers in the U.S. rely on UpToDate, and more than 60 research studies confirm UpToDate’s widespread usage and association with improved patient care and hospital performance, including reduced length of stay, adverse complications and mortality.

ABOUT WOLTERS KLUWER:
Wolters Kluwer is a global leader in professional information services. Professionals in the areas of legal, business, tax, accounting, finance, audit, risk, compliance and healthcare rely on Wolters Kluwer’s market leading information-enabled tools and software solutions to manage their business efficiently, deliver results to their clients, and succeed in an ever more dynamic world.

Wolters Kluwer reported 2014 annual revenues of €3.7 billion. The group serves customers in over 170 countries, and employs over 19,000 people worldwide. The company is headquartered in Alphen aan den Rijn, the Netherlands. Wolters Kluwer shares are listed on NYSE Euronext Amsterdam (WKL) and are included in the AEX and Euronext 100 indices. Wolters Kluwer has a sponsored Level 1 American Depositary Receipt program. The ADRs are traded on the over-the-counter market in the U.S. (WTKWY).

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